

The Way



SAINT BRIGID — PARISH —

ENCOUNTER • LOVE • SERVE • JESUS • ONE ANOTHER • THE WORLD

THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST
WEEK OF JUNE 6

saintbrigidparish.org • 4735 Cass Street San Diego, CA 92109 • 858.483.3030

MASSSES: SATURDAY 5:30 pm (indoors and livestreamed), SUNDAY 7:30, 11 am, and 5:30 pm (indoors), 9 am (outdoors) **DAILY** 7:30 am (Monday–Saturday) **EUCCHARISTIC ADORATION:** Thursdays 8 am–8 pm
RECONCILIATION: THURSDAYS 5–7 pm, SATURDAYS 4–5 pm and by appointment



@SaintBrigidSD

WELCOME! We are so glad that you are here with us! At Saint Brigid Parish, we join together in community to encounter and love Jesus and one another, so we can go out and be disciples who serve the world. Come be a part of the mission with us! Whether you're a long-time parishioner, visitor, church shopper, or making your way back to practicing your faith, there is always a place for you here. We hope that by gathering to pray, grow, and love, we all can learn to live like Jesus and become who we are called to be. Follow along with the Mass on pages 8 and 9.

CLERGY CORNER Deacon Chris Hulburt



THE TIME IS NOW

When we baptize infants in the Catholic tradition, the pouring of water is followed by an anointing with oil. Sacred Chrism is used, prefiguring Confirmation, and the child is anointed "priest, prophet and king." By water we are reborn into the life of Christ. By sacred oil we are anointed into the mission of Christ.

Each Christian is "priest"—called to pray for and offer sacrifice generously for the world. Each Christian is "prophet"—called to speak God's truth into the world courageously by word and action. Each Christian is "king"—called to care for the needs of the people compassionately like Christ the Good Shepherd. These baptismal vocations belong to all the baptized. We are to be God's hands in the vineyard, working with Christ to bring about the Kingdom on earth.

Sr. Joan Chittister is a Benedictine nun, a wisdom elder, and a courageous writer. Her most recent book, "The Time is Now: A Call to Uncommon Courage", presents a compelling invitation to all Christians to claim and live into the fullness of our baptismal vocation, especially the call for each of us to be prophets. The book is the focus of an upcoming 3-week study, and I invite you to join me and others on June 15, 22, and 29 at 7 pm for a virtual book group series.

"Prophetic communities do a great deal more than pray," Sr. Joan writes. "They study; they teach; they organize others; they add something of the things of God to the situation. They don't just complain about the poor; they do something to feed them. They don't just lament the condition of working mothers; they do something to help them take care of their children. They don't just wish for higher wages for the poor; they advocate for the underpaid. They lobby their leaders, their pastors and public agencies. They commit to doing something to change their world as well as to talk about it."

The Christian call to prophetic action flows from our core identity as members of the Body of Christ. We are intimately related to one another in God and dependent on each other for communion.

"After we've said our prayers, checked the news, shaken our heads over it, and turned off the TV commentators in despair and disgust," Sr. Joan observes, "we suddenly remember someone who needs the help we have just read about. Then we ask ourselves what we really stand for—and what we've done to prove it. At that moment, we either become prophets—or simply churchgoers. And that is the ultimate question, the question we must all answer, 'And you—what are you doing about it?'"

I hope you will join me as we strive to be prophets, not simply churchgoers. The time is now.

WEEKLY REFLECTION CARRY GOD'S WORD AND THESE INTENTIONS WITH YOU THIS WEEK

Sunday	Mark 14:12-16,22-26	St. Norbert	Mass Intentions
Monday	Matthew 5:1-12	St. Willibald	Sandy's Uncle †
Tuesday	Matthew 5:13-16	St. William of York	Dwight Smith †
Wednesday	Matthew 5:17-19	St. Ephrem	Rosemary Kellerman †
Thursday	Matthew 5:20-26	St. Getulius	George Fraunces †
Friday	John 19:31-37	The Most Sacred Heart of Jesus	Dwight Smith †
Saturday	Luke 2:41-51	The Immaculate Heart of Mary	Santa Rizzutto †
			† Indicates Deceased

How can we pray for you?

You are welcome to submit any personal prayer requests at saintbrigidparish.org/prayer-request.

JOIN US IN PRAYER AND CELEBRATION!

Longtime St. B's parishioner Patrick McCay, is one of eight local men being ordained as deacons this Saturday, June 12, at 10 am! The Ordination into the Permanent Diaconate is the culmination of five years in the diaconal formation program and Bishop McElroy will confer the sacrament of holy orders.

The ordination will be livestreamed. For the link and a recent "Southern Cross" article about the new deacons, visit saintbrigidparish.org/holy-orders.

Join us for outdoor Mass on Sunday, June 13, at 9 am where Patrick will be preaching his first Mass as a deacon! Let us continue to keep Patrick and his wife Danielle, and their children, Aiden and Brigid, in our prayers!



FATHER STEVE RIDES THE ROCKIES!



Sponsor Father Steve Callahan
and Support the Saint Brigid Parish
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June 13-18

Sponsor Father Steve on this grueling 418 mile bike ride through the Colorado Rockies. Visit saintbrigidparish.org/ridetherockies for details.



Donate Online: Scan the QR Code, text LoveOneAnother to 555888, or visit saintbrigidparish.org/ridetherockies.

Donate by Check or Cash: Place donation marked "Ride the Rockies" in the offering basket, or drop by or mail to the parish office.

THE WAY OF A DISCIPLE

WALKING WITH JESUS—PRACTICE, PRACTICE, PRACTICE

PRACTICE PRAYER AND SACRAMENTS

Whether you are exploring faith for the first time or you are a lifelong Christian—wherever you are in life—you will always have a next step you can take to help you grow as a disciple of Christ. To guide you on your discipleship path, we've developed S.T.E.P.S. to follow. Today we are exploring "Practice Prayer and Sacraments."

Have you heard the old joke, "How do you get to Carnegie Hall?" Answer: "Practice, practice, practice." That can be said of our faith lives too! Just as prioritizing daily practice helps musicians hone their skills, giving priority to a daily habit of prayer and frequent reception of the sacraments helps us grow as disciples. Since Jesus' invitation, "Come, follow me" applies just as much to us as it did the first disciples, let's look to Jesus as our guide.

Prayer—Jesus gave priority to solitude and silence in order to be in prayer—in communion—with His Father. We see many instances in the Gospels of Jesus withdrawing from the crowds: when He began His ministry, made important decisions, dealt with the constant demands of daily life, processed troubling emotions like grief, and prepared for important events.

Sacraments—At the Last Supper, Jesus gathered the disciples at table. He took bread, blessed it, broke it, and gave it to them, saying "Do this in memory of me." (Luke 22:19). We do this every time we participate in the Eucharistic table at Mass. Jesus frequently spoke about forgiveness. He forgave those who sinned against others, forgave those who sinned against Him, and asked the Church to continue His healing ministry through the Sacrament of Reconciliation (Jn 20:22- 23).

Prayer and the sacraments draw us into a deeper union with God and help us extend God's presence, love, mercy, and forgiveness to others. Would you like to take a step to develop your practice of prayer and the sacraments? Contact Maryanne Russell at maryanne@saintbrigidparish.org.

S.T.E.P.S.

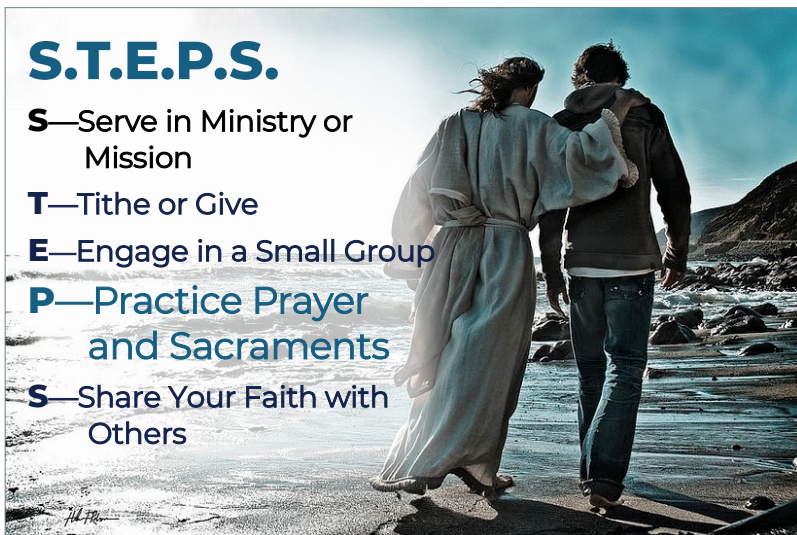
S—Serve in Ministry or Mission

T—Tithe or Give

E—Engage in a Small Group

P—Practice Prayer and Sacraments

S—Share Your Faith with Others



"Rising very early before dawn, He left and went off to a deserted place, where He prayed"

—Mark 1:35

ONGOING WAYS TO ENCOUNTER, LOVE, AND SERVE

PRAYER

Adoration, nightWATCH, Centering Prayer, Healing Prayer
saintbrigidparish.org/pray

CARE AND SUPPORT

Homebound, Bereavement, Mental Health, 12-Step Recovery, Divorce Support,
saintbrigidparish.org/care-and-support

COMMUNITIES

Youth, Young Adults, Families, Adults, Active 60s+, Seniors, Knights of Columbus
saintbrigidparish.org/communities

SERVE

Neighbors in Need, Liturgical Ministry, Music Ministry, Hospitality, Faith Formation, Food Distribution
saintbrigidparish.org/serve



Looking for more? Find details about parish groups for all interests and seasons of life at saintbrigidparish.org.

MAKE AN IMPACT TODAY!

Our mission to make disciples who encounter, love, and serve Jesus, one another, and the world is carried out through your stewardship! In addition to sharing your time and talent, your consistent and generous contributions to the Sunday offering increase our financial resources so together we can make an even greater impact for God's Kingdom! There is no better investment in the world than the local parish. It is where people meet Jesus and lives are changed!

If you haven't already, we encourage you to sign up for online giving. Visit saintbrigidparish.org and click on e-giving or text LoveOneAnother to 555888. For more information, contact Debbie Hedley at debbie@saintbrigidparish.org.



SAN DIEGO CATHOLIC ADULT COMMUNITY

The San Diego Catholic Adult Community (CAC) is a partnership between Saint Brigid Parish and several local parishes which provides activities and a social network for single, married, divorced, and widowed adults. Contact Nancy Wesseln at nancy@sandiegocac.org or call 858.847.0724 for more information.

30 + 40 Somethings Events

Contact katie@sandiegocac.org for more information.

Adult 35+ Community Events

Cuyamaca Peak Hike: Saturday, June 12, 8:30 am--2:30 pm

Caravan from Park N Ride, 13516 Camino Canada, El Cajon, 92021. \$10 fee per car. Join us as we hike the second highest peak in San Diego County at an elevation of 6512'. The trailhead is in the Paso Picacho Campground within the Cuyamaca State Park. Plan for lunch afterward at the Café on Cuyamaca Lake. Bring plenty of water and sunscreen. RSVP: at hiking@sandiegocac.org or call Tim at 619.520.9358.

Active 60s+ Events

Morning Walk: Fridays, 9:30 am

Meet at Saint Brigid parking lot. Masks and social distancing required. Contacts: Carol 619.227.7500 or Mike and Sandi: sandi@sandiegocac.org

Faith and Belief: Tuesday, June 8, 6:30 pm

Zoom
Once a month, we take an article or topic for guided reflection and discussion. Contact: warren@sandiegocac.org for Zoom link!



SAN DIEGO CATHOLIC ADULT COMMUNITY

CELEBRATING OUR COMMUNITY



CONGRATULATIONS TO OUR FIRST COMMUNICANTS!

Let us pray for and welcome fully to the Lord's Holy Table all of the children initiated in the Sacrament of First Communion in March, May, and June of 2021:

March 2021

Ava Flood
Roman Redcay

May 2021

Sally Arthur
Milan Arthur
Luca Bottini
Grace Bull
Lindsey Bull
Maia Bushway
Lucie Daniels
Amelia Hermida
Milly Jeffery
Maura Murphy



May 2021 (cont.)

Kate Navarra
Noah Nyamangah
Cienna Paksima
Natalia Romero
Joaquin Romero
Lainey Thieler
Brayden Tumminello

June 2021

Alia Everett
Kaden Forero
Lucio Locatelli
Rauri O'Mahoney
Leif Peters
Vincent Viger

SACRAMENTS AND FORMATION

SACRAMENTS OF INITIATION



BAPTISM

Infants: Parents & Godparents attend orientation. Information: saintbrigidparish.org/baptism. Adults: prepare in RCIA lee@saintbrigidparish.org



FIRST COMMUNION

Children: 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org



CONFIRMATION

Teens: 2-year process (starting grade 9) vita@saintbrigidparish.org
Adults: prepare in RCIA lee@saintbrigidparish.org

SACRAMENTS OF HEALING



RECONCILIATION

Saturdays 4-5 pm or by appointment.
Preparation: Children, 2-year process (starting grade 1) gayle@saintbrigidparish.org
Adults, prepare in RCIA lee@saintbrigidparish.org



ANOINTING OF THE SICK

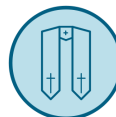
To Inquire about or request this sacrament, please call the parish office. 858.483.3030

SACRAMENTS OF VOCATION



MATRIMONY

9-month accompaniment process.
saintbrigidparish.org/marriage
weddings@saintbrigidparish.org



HOLY ORDERS

Schedule a time to chat with one of our clergy, or check out our website. saintbrigidparish.org/holy-orders

SAINT BRIGID PARISH CONTACTS

CLERGY



Father Steve Callahan
Pastor

frsteve@saintbrigidparish.org



Father Sebastian Bukenya
Associate Pastor

frsebastian@saintbrigidparish.org



Deacon Mike Daniels

deaconmike@saintbrigidparish.org



Deacon Chris Hulburt

deaconchris@saintbrigidparish.org

PARISH STAFF



Julie Colman
Connection to Christ and Evangelization

julie@saintbrigidparish.org



Greg Espinoza
Maintenance

greg@saintbrigidparish.org



Debbie Hedley
Business Manager

debbie@saintbrigidparish.org



Gayle Heyman
Children's Faith Formation

gayle@saintbrigidparish.org



Lee Hulburt
Baptism, Becoming Catholic, Funerals

lee@saintbrigidparish.org



Kayla Johnson
Youth Coordinator and Communications Assistant

kayla@saintbrigidparish.org



Mary Lucena
Weddings

weddings@saintbrigidparish.org



John Jay Owens
Grounds

johnjay@saintbrigidparish.org



Maryanne Russell
Evangelization and Stewardship

maryanne@saintbrigidparish.org



Jacqueline and Scott Weeman
Young Adult Ministry

youngadults@saintbrigidparish.org



Nancy Wesseln
Adult and Senior Ministries

nancy@saintbrigidparish.org

MUSIC MINISTERS



Katie Cavallo
Sunday 7:30 am

kcavallomusic@gmail.com



Tim Foley
Saturday Vigil 5:30 pm

858.344.3164



Julie Misleh
Parish Coordinator of Liturgical Music

858.366.2060



Lauren Swain
Sunday Evening Mass

858.483.3030



Patrick Villa
Sunday Evening Mass

858.483.3030

WE'D LOVE TO GET TO KNOW YOU!

Consider joining our parish family! We would love to help you get connected and support you on your journey. If you would like to become a member, scan the QR Code, visit saintbrigidparish.org/membership, or contact Maryanne Russell at maryanne@saintbrigidparish.org.



THE MASS We gather together to pray and celebrate Jesus' sacrifice and love for us. We invite you to join us in prayer. These pages will take you through the Mass, whether you are new to our community, our Faith, or want to participate more fully. The italicized sections explain posture, plain text is the priest's or leader's part, and bold text denotes our response as the gathered Body of Christ.

THE LITURGY OF THE WORD

During this part of the Mass, we hear God's Word proclaimed. We listen to preaching, which makes Scripture come alive again today, and we express our Catholic faith.

INTRODUCTORY RITE

Please stand for the entrance and opening hymn.

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The grace of our Lord...be with you all.

And with your spirit.

PENITENTIAL RITE

Brothers and sisters...celebrate the sacred mysteries
I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask the blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Repeat after the priest:

Lord Have Mercy. Christ have mercy. Lord Have Mercy.

OR Kyrie, eleison. Christe, eleison. Kyrie, eleison.

GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise You, we bless You, we adore You, we glorify You, we give You thanks for Your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **Amen.**

READINGS FROM SCRIPTURE (see page 9)

Please sit to receive the Word of God.

First Reading...The word of the Lord.

Thanks be to God.

Responsorial Psalm: * **I will take the cup of salvation, and call on the name of the Lord.**

Second Reading...The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Please stand to receive the Gospel.

Alleluia!

GOSPEL

A reading from the holy Gospel according to ...

Glory to You, O Lord.

...The word of the Lord.

Praise to you, Lord Jesus Christ.

HOMILY

Please sit as we listen to a reflection from the clergy.

PROFESSION OF FAITH

Please stand as we proclaim the creed together.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man. **(please bow during this profession)* For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. **Amen.**

UNIVERSAL PRAYER

Please stand as we pray for our community, united with the entire Body of Christ.

After each intention, repeat the response said by the reader.

THE LITURGY OF THE EUCHARIST

In this part of the Mass, we re-experience Jesus' sacrifice. We acknowledge that He is present in the consecrated Bread and Wine—Communion. We pray together and take what we have received in Mass home and into the world.

THE OFFERTORY

As we bring up the bread and wine, we also offer our prayers, gifts, and even ourselves to be placed before God and be transformed.

PREPARATION OF THE GIFTS

Blessed are You, Lord... the bread of life.

Blessed be God forever.

Blessed are You, Lord... become our spiritual drink.

Blessed be God forever.

Pray...to God, the almighty Father.

Please stand and reply:

May the Lord accept the sacrifice at your hands for the praise and glory of His name, for our good and the good of all His holy Church.

EUCCHARISTIC PRAYER

The Lord be with you. **And with your spirit.**

Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God.

It is right and just.

HOLY, HOLY, HOLY

Holy, Holy, Holy, Lord, God of hosts. Heaven and earth are full of Your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Please kneel in reverence for Christ coming in His Eucharist.

...The mystery of faith.

We proclaim Your Death, O Lord, and profess Your Resurrection until You come again.

OR When we eat this Bread and drink this Cup, we proclaim Your Death, O Lord, until You come again.

OR Save us, Savior of the world, for by Your Cross and Resurrection, You have set us free.

THE GREAT AMEN

Amen.

COMMUNION RITE

Please stand as we pray together.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Deliver us, Lord ... Jesus Christ.

For the kingdom, the power and the glory are Yours now and forever.

THE SIGN OF PEACE

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

At this time we usually exchange a sign of sharing God's peace by offering a handshake, hug, or similar gesture with those around us. However during these days of COVID protocols, please offer a wave or a nod of the head or other socially-distant expression of peace.

LAMB OF GOD

Lamb of God, You take away the sins of the world, have mercy on us. 2x

Lamb of God, You take away the sins of the world, grant us peace.

Please kneel as we prepare to receive the Body of Christ.

Behold the Lamb of God...the supper of the Lamb.

Lord, I am not worthy that You should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION

Christ's Body and Blood are truly, fully present as He offers Himself to us in Communion. Catholics prepared to receive the Eucharist approach the minister as the ushers guide you. Non-Catholics or those choosing to abstain from Communion are welcome to come forward for a blessing (please indicate this by crossing your arms over your chest) or may remain in the pews to pray.

CONCLUDING BLESSING

The Lord be with you. **And with your spirit.**

May almighty God bless you, the Father, and the Son, and the Holy Spirit. **Amen.**

Go in peace. **Thanks be to God.**

*The Responsorial Psalm may vary.

THIS SUNDAY'S READINGS

First Reading	Exodus 24:3-8
Psalm	Psalm 116:12-13,15-16,17-18
Second Reading	Hebrews 9:11-15
Gospel	Mark 14:12-16,22-26



For weekly readings, visit
saintbrigidparish.org/weekly-readings

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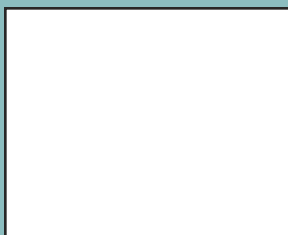
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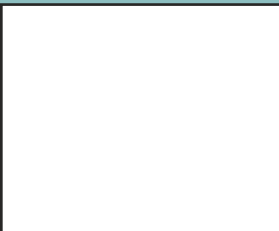
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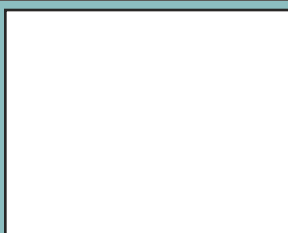
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OPPORTUNITIES FOR FAITH, FELLOWSHIP, AND SERVICE

JUNE 6

10–11 am

Healing Prayer

Parish Hall

Healing prayer time is an opportunity to have two of our prayer team members pray with you for whatever healing you need in your life, whether physical, emotional, mental, or spiritual. All are welcome! Masks are required. Contact Mike and Kathy at prayer@saintbrigidparish.org.

JUNE 7

7–8 pm

Catholic in Recovery

Zoom

The time has come to unite as a community to break the pattern of pornography and sex addiction and find freedom together through the channels of faith and fellowship. Come join us as we gather for support on the road to healing and recovery. Contact Scott Weeman at scott@catholicinrecovery.com.

JUNE 9

7–9 pm

Young Adult Bible Study

Ministry Center

Young Adults (single, engaged, or married in their 20s and 30s) join us! We will begin announcements and prayer at 7:30 pm then dive into the upcoming Sunday readings. Masks are required. Contact Scott and Jacqueline Weeman at youngadults@saintbrigidparish.org for details.

JUNE 10

8 am–8 pm

Adoration

Church

Come experience the peace of Jesus in the Blessed Sacrament. The Divine Mercy Chaplet is prayed 3–4 pm.

June 12

10 am – 12 pm

Permanent Diaconate Ordination Mass

Watch via Livestream

Our very own longtime parishioner Patrick McCay will be ordained as a deacon! Watch the ordination via livestream at saintbrigidparish.org/holy-orders. Come celebrate with him at our 9 am outdoor Mass on June 13!

A 3-Week Book Series

THE TIME IS NOW

A Call to Uncommon Courage



Tuesdays
June 15, 22, 29
7 - 8 pm
via Zoom

Info and registration:
saintbrigidparish.org/study

nightWatch



Friday June 18



RECURRING EVENTS

Sunday

Healing Prayer Time (1st)
10–11 am (Parish Hall)

Monday

Catholic in Recovery Men's Group
7 pm (virtual)
Neighbors in Need (2nd and 4th)
4:30–6:15 pm (to-go meals)

Tuesday

Catholic Charities Food Distribution
9:30 am–12:30 pm
Centering Prayer
4–5 pm (virtual)

Wednesday

Centering Prayer
4–5 pm (virtual)
Young Adults Bible Study
7–9 pm Ministry Center

Thursday

Eucharistic Adoration
8 am–8 pm
Divine Mercy Chaplet (sung)
3–4 pm

Friday

Morning walk (social distancing with face coverings) 9:30–11 am

Saturday

Reconciliation
4–5 pm

Scan here
for full parish
calendar.

